



# Mammography Specialists Medical Corp.

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### REQUEST FOR BREAST IMAGING AND BONE MINERAL DENSITY

Patient: \_\_\_\_\_ Patient Pregnant?  Yes  No  
DOB: \_\_\_\_\_ Tel #: \_\_\_\_\_ Breast Implants?  Yes  No  
Date: \_\_\_\_\_ Prior Mammo Year: \_\_\_\_\_ Location: \_\_\_\_\_ Tax ID #77-0328113

Please bring this form to your appointment. Date: \_\_\_\_\_ Time: \_\_\_\_\_

#### ROUTINE SCREENING DIGITAL 3-D TOMOSYNTHESIS LOW DOSE 2-D

- Patients with NO symptoms or lumps  
No recent breast imaging abnormality.
- High Risk Factors  
Personal or family history of breast cancer  
Dense breasts on mammogram
- ULTRASOUND SCREENING  3D

#### SPECIAL PROCEDURES

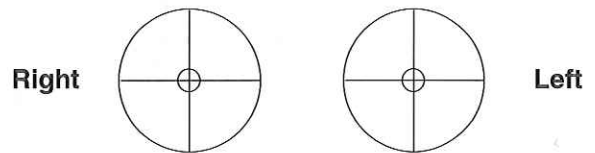
- R  L Wire localization for biopsy
- R  L Stereotactic core biopsy
- R  L Ultrasound core biopsy
- R  L Cystic lesion aspiration/biopsy
- R  L Ductogram
- Second opinion case review
- Patient consultation with radiologist

#### DIAGNOSTIC DIGITAL

- R  L Dx Study (U/S if indicated)
- R  L Lump
- R  L Pain
- R  L Nipple lesion or discharge
- R  L Abnormal breast exam
- R  L Abnormal radiology report
- R  L Additional Views
- R  L 6 month follow-up
- R  L ULTRASOUND - Palpable  3D

MAP  
ON  
BACK

#### Mark Site(s) of Diagnostic Concern



### REQUEST FOR BONE MINERAL DENSITY: DXA

#### BMD/DXA EXAM(s) = Please check

- Standard Exam: L-Spine, Dual Hip
- VFA (Vertebral Fracture Assessment)
- Forearm (radius) BMD
- Follow-up/Comparison
- Other ICD-Code \_\_\_\_\_

#### ICD9-Code (Required) = Please check

- Early Menopause (256.31)
- Estrogen Deficient (259.9)
- Family History (V17.8)
- History of Adult Fractures (829.0)
- Preventative Screening (V82.81)
- Medication Induced (733.09) (V58.69)
- Menopausal Symptoms (627.2)
- Osteopenia/Osteoporosis (733.90)
- Vitamin D Deficiency (268.9)
- Post-menopausal (733.01) (V49.81)

Additional Clinical Information: \_\_\_\_\_

Physician Name/Tel. # (Please Print): \_\_\_\_\_

Physician signature: \_\_\_\_\_ Date: \_\_\_\_\_

cc: \_\_\_\_\_

## PATIENT INSTRUCTIONS

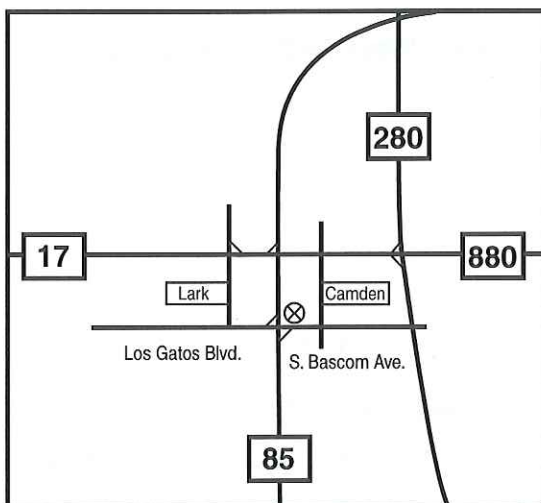
1. **Request** your **old mammogram films be picked up by you** or sent to us. This will allow us to quickly compare them to your new films. **Your results may be delayed** if we are still waiting for your old films to arrive.
2. **Do not wear deodorants** or powders on the day of your appointment. This is especially true for the under arms and under the breasts. They may show up on your X-ray and may require you to return for repeat images.
3. **Wear comfortable clothing** such as a **2 piece outfit** which you can quickly change. You will be asked to remove all clothing from the **waist up** and replace it with a loose fitting upper gown we provide.
4. **Schedule** your mammogram appointment shortly **after your menstrual period** to minimize any discomfort. If you have tender breasts, avoid caffeine for 2 days prior to your appointment. If you have very tender breasts, consider taking an analgesic such as Tylenol before your exam.
5. Please avoid bringing **children** to the clinic, as they will not be able to accompany you into the x-ray room.

### PATIENT INSTRUCTIONS FOR BONE DENSITOMETRY (DXA)

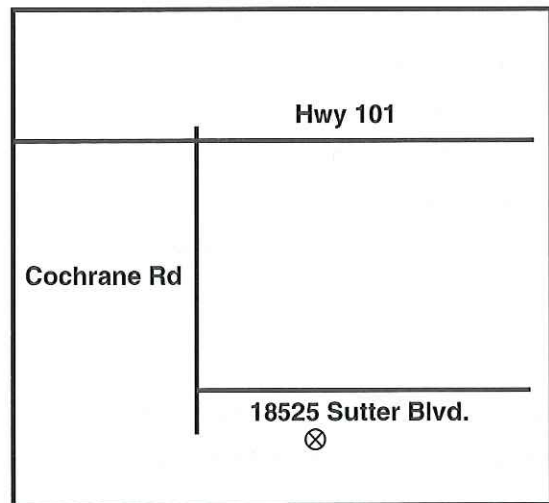
Please wear loose clothing free of buckles, buttons, snaps and zippers. NO Jeans. NO underwire bras, Elastic waistbands and sport bra are recommended. A DXA cannot be done if you have been given oral barium or contrast within 5 days. It also cannot be done if you have intravenous or contrast material for x-ray test in the last day. You should not have a DXA exam if you are pregnant.

## **DIRECTIONS**

### Los Gatos Office



### Morgan Hill Office



*Please arrive at the office 15 minutes prior to your appointment time.*

*We reserve the right to charge for appointments cancelled or broken without 24 hours advance notice.*

*Patients arriving ten minutes late may need to be rescheduled. We do our best to serve you.*

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